



Dear Ayurveda Student,

Please find the following documents attached.

Book 1 Chapter 2

Universal Attributes & Doshic Theory

1. [Book 1 Chapter 2 PDF](#)
2. [Doshic Theory PDF](#)
3. [Attributes of the Doshas PDF](#)
4. [Constitutions Slide Show PDF](#)
5. [Intro to Ayurveda PDF](#)
6. [Universal Attributes PDF](#)

Thank you.

Namaste,
Karyn

A handwritten signature in black ink that reads "Karyn Chabot". The signature is fluid and cursive, with a long horizontal stroke extending to the right.

