



Dear Ayurveda Student,

Please find the following documents attached.

Book 2 Chapter 13
Sroto Vijnanam
Specialized Knowledge of Disorders of the Bodily Channels

1. [Book 2 Chapter 13 PDF](#)
2. [NAMACB Handbook PDF](#)
3. [SAMA Verbal Exam Study Guide PDF](#)
4. [Vastu Handout PDF](#)
5. [Yoga Ayurveda Planets PDF](#)

Thank you.

Namaste,
Karyn

“The heart is a gate-less gate to divinity. Move to the heart. We are all hung up, stuck in the head - that is our problem. The only problem is that we think too much. There is only one solution - get down from the head to the heart. All your problems will disappear. Problems are created by the head. The heart is innocent. The heart is a fountain of love.”

-- Vasant Lad